

Beat: Health

## **PERMACULTURE: WE CANNOT IMAGINE WHAT WE CAN CREATE TOGETHER**

### **WHEN WE HAVE ENOUGH, WE HAVE TO STOP**

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**USPA NEWS** - Anything in nature has more than one fonction, we design in that principal, what we are going to design we want it to give us as much as possible. Let's say for example, we want to plant a tree in a garden, we can choose the species of the tree to give us fruits, to give us medecine...

We can also choose the placement of the tree so it could provide shade for certain part of the house, or of the garden, for animals if you want some animals...

The word Permaculture was first coined by Australians Bill MOLLISON & David HOMGREN in 1978. The word Permaculture originally referred to permanent agriculture but was expanded to stand also to permanent culture as it was seen that social aspects were integral to a truly sustainable system as inspired by Masanobu FUKUOKA's natural farming philosophy.

The way we have designed our life is really based on those principles. In conventional thinking, we kind of think about waste. We have waste coming out from our kitchen, coming out from our garden...

And someone has to deal with it. This has to go somewhere. The idea in Permaculture is that in nature there is no kind of thing such as waste. Waste from one thing becomes food for another thing. We really are trying to connect different elements of this system so that any output which we might think as waste actually becomes a useful input for another part of that system and that any input in that system, that another element in the system requires can be provided by as an output from another element.

To our society, whether it is a piece of land, whether it is in a business, we have a tendency to get really excited and want to start big. That leads to the possibility to make mistakes all at once. When we have enough, we have to stop.

Better having more time than more money...

The system will soon fall apart, we do not know when. Lots of people choose to ignore this fact because they are afraid. All the knowledge we need exists, just to be learned slowly, step by step. We have to start first with what interests us of course. It takes years to learn progressively. We need to take the habbit to live more simply.

We cannot imagine what we can create together, we only need to stop a bit, to calm down, to breathe, do a short meditation... it will get better, we will take care of each other...

Elder of the Permaculture :

GRAHAM BELL (Book: "The Permaculture Way")

"Permaculture is the conscious design and maintenance of agriculturally productive system which have the diversity, stability and resilience of natural ecosystems. It is the harmonious integration of the landscape with people providing their food, energy, shelter and another material and non-material needs in a sustainable way."

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